F-F-F

We are learning about the Letter F and the /f/ sound this week! The F sound is the “sprinkler” sound and a Lip Cooler sound! To make our /f/ sound we place the top teeth on the bottom lip and blow air out.   The /f/ sound is called the sprinkler sound because when you make the /f/ sound you are forcing air out of your mouth like a sprinkler. When the water comes out of the hose, it sounds like /f-f-f-f-f/. It also is one of our lip coolers, because the cool air we blow out cools our lips!



 Sprinkler Sound

Activities you can practice at home:

\*Make a paper fan - color a design on a piece of blank paper and fold accordion style.

\*  Design a family flag or a flag showing many different things starting with the letter F.

\*Cut out a large letter F and glue on goldfish.

\* For snacks you can eat: fish sticks, fruit salad, French fries, French toast, fruitcake, gold “fish”

\* Go on a treasure hunt and find things around the house that start with the /f/ sound!

Some of the pictures in our treasure chest this week are:

**Fish, Feathers, Fan, Frog, Fence, Flower**

Practice these words, and talk about the /d/ sound every day with your child!





**Books to read aloud:**

* *The Rainbow Fish* by Marcus Pfister
* *Forest* by Laura Godwin
* *Feathers Like a Rainbow* by Flora
* *The Foot Book* by Dr. Seuss
* *Down on the Funny Farm* by P.E. King
* *The Firebird* retold by Selina Hastings (or the version by Demi)
* *The Biggest Fish* by Sheila Keenan
* *Fritzi Fox Flew in From Florida* by Leah Komaiko